No. 6699

SERVICE WOOLLIES FOR AIR, LAND & SEA

BEEHIVE, or CYCLE, DOUBLE KNITTING, PATONS SUPER WHEELING, 3-PLY, PATONS ROSE, or WHITE HEATHER, FINGERING, 4-PLY

PRICE 6D.

This price only applies in Great Britain and Northern Ireland

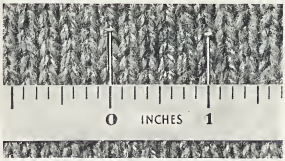
PATONS & BALDWINS

A "P&B" PUBLICATION

Fig. 1.—A, Man's Waistcoat, p. 6; B, Mittens, p. 7; C, Double Scarf, p. 7; D, Brioche Scarf, p. 8; E, Gloves, p. 8; F, Plain Knitted Scarf, p. 9; G, Steering Gloves, p. 9; H, Cardigan, p. 9.

SERVICE WOOLLIES FOR AIR, LAND AND SEA.

TENSION.—This all-important matter is determined by the given number of stitches to the inch, when using a given size of needles, and on it depends absolutely the size of the finished article. It is accordingly important that this point should be strictly adhered to—to work to the tension recommended in each recipe. The most satisfactory method is by using long needles under the arm, leaving the hands free for easy working, and giving an automatic movement; this, being quicker, results in an even and firmer tension, obviates handling the work and, therefore, eliminates rubbing of the fabric, finally producing a fresher, cleaner garment. When using the method with short needles (which need to be held in the hands), the tension produced is looser and more uneven, as the hands are not free and the fabric is continually handled.



A piece of fabric showing how the tension should be measured.

Place a tape measure widthways over fabric, insert two pins in the given number of stitches and without stretching the fabric in any way, count the number of stitches to the inch. If the number of stitches to the inch be greater than the standard, a smaller garment will be produced by working at such a tension—if less, a larger one. The size of needle recommended throughout is for work of medium tension, therefore one who works loosely should use needles one or two sizes finer than the number recommended, while a larger size should be taken by one working tightly. **Whatever the size of needles found suitable by the Knitter, it is absolutely essential that the fabric should measure the given number of stitches to the inch.**

ABBREVIATIONS:—K. = Knit plain; P. = Purl; tog. = together; wl. fwd. = wool forward; p.s.s.o. = pass slip-stitch over; t.b.l. = through the back of the loops.

JERSEY, illustrated on Cover.

MATERIALS:—1 lb. 5 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 7 and two No. 8 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), and four No. 8 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge. A Beehive Stitch-holder.

ACTUAL MEASUREMENTS:—Length from top of shoulder, 28 ins. Width all round at underarm, 40 ins. Length of sleeve from under-arm, 19 ins.

TENSION:—$5\frac{1}{2}$ stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size.

RECIPE:—THE FRONT.—Using the No. 8 Needles, cast on 108 stitches.

1st row.—K. 2, * P. 1, K. 1, repeat from * to the end of the row. Repeat this row nineteen times. Using the No. 7 Needles, proceed as follows:—

1st row.—Knit plain.

2nd row.—K. 1, purl to the last stitch, K. 1.

Repeat these two rows until the work measures 19 inches from the commencement, ending with a purl row. Proceed as follows:—

1st row.—K. 2, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 8 stitches, (P. 2, K. 2) twice.

2nd row.—K. 1, P. 1, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 8 stitches, K. 2, P. 2, K. 2, P. 1, K. 1. Repeat the 1st and 2nd rows twice.

7th row.—K. 2, * P. 2, K. 2, P. 2, take a third needle and slip the next 4 stitches on to it, letting this needle fall to the back of the work, knit the next 4 stitches, bring the 4 stitches forward and slip them back on to the needle again, knit these 4 stitches (the crossing of these 8 stitches will now be termed "twist" throughout), repeat from * to the last 8 stitches, (P. 2, K. 2) twice.

8th row.—Like the 2nd row.

9th row.—Cast off 6 stitches, K. 1, P. 1, * K. 8, P. 2, K. 2, P. 2, repeat from * to the last 2 stitches, K. 2.

10th row.—Cast off 6 stitches, K. 2, * P. 8, K. 2,

P. 2, K. 2, repeat from * to the last 10 stitches, P. 8, K. 2.

11th row.—K. 1, K. 2 tog., K. 7, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 16 stitches, P. 2, K. 2, P. 2, K. 7, K. 2 tog., K. 1.

12th row.—K. 1, * P. 8, K. 2, P. 2, K. 2, repeat from * to the last 9 stitches, P. 8, K. 1.

13th row.—K. 1, K. 2 tog., K. 6, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 9 stitches, K. 6, K. 2 tog., K. 1.

14th row.—K. 1, P. 7, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 14 stitches, K. 2, P. 2, K. 2, P. 7, K. 1.

15th row.—K. 1, K. 2 tog., K. 5, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 14 stitches, P. 2, K. 2, P. 2, K. 5, K. 2 tog., K. 1.

16th row.—K. 1, P. 6, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 13 stitches, K. 2, P. 2, K. 2, P. 6, K. 1.

17th row.—K. 1, K. 2 tog., K. 4, * P. 2, K. 2, P. 2, twist, repeat from * to the last 13 stitches, P. 2, K. 2, P. 2, K. 4, K. 2 tog., K. 1.

18th row.—K. 1, P. 5, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 12 stitches, K. 2, P. 2, K. 2, P. 5, K. 1.

19th row.—K. 1, K. 2 tog., K. 3, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 12 stitches, P. 2, K. 2, P. 2, K. 3, K. 2 tog., K. 1.

20th row.—K. 1, P. 4, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 11 stitches, K. 2, P. 2, K. 2, P. 4, K. 1.

21st row.—K. 1, K. 2 tog., K. 2, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 11 stitches, P. 2, K. 2, P. 2, K. 2, K. 2 tog., K. 1.

22nd row.—K. 1, P. 3, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 10 stitches, K. 2, P. 2, K. 2, P. 3, K. 1.

23rd row.—K. 1, K. 2 tog., K. 1, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 10 stitches, P. 2, K. 2, P. 2, K. 1, K. 2 tog., K. 1.

24th row.—K. 1, P. 2, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 9 stitches, (K. 2, P. 2) twice, K. 1.

25th row.—K. 3, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 9 stitches, P. 2, K. 2, P. 2, K. 3.

26th row.—Like the 24th row.

****27th row.**—K. 3, * P. 2, K. 2, P. 2, twist, repeat from * to the last 9 stitches, P. 2, K. 2, P. 2, K. 3.

28th row.—K. 1, P. 2, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 9 stitches, (K. 2, P. 2) twice, K. 1.

29th row.—K. 3, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 9 stitches, P. 2, K. 2, P. 2, K. 3.

Repeat 28th and 29th rows three times, then 28th row once **. Repeat from ** to ** three times. In the next row K. 3, P. 2, K. 2, P. 2, twist, P. 2, K. 2, P. 2, K. 4, turn.

Work on these 27 stitches as follows:—

1st row.—K. 1, P. 3, K. 2, P. 2, K. 2, P. 8, (K. 2, P. 2) twice, K. 1.

2nd row.—K. 3, P. 2, K. 2, P. 2, K. 8, P. 2, K. 2, P. 2, K. 1, K. 2 tog., K. 1.

3rd row.—K. 1, P. 2, K. 2, P. 2, K. 2, P. 8, K. 1, turn. **4th row.**—P. 1, K. 8, P. 2, K. 2, P. 2, K. 2 tog., K. 1.

5th row.—K. 1, P. 1, K. 2, P. 2, K. 2, P. 1, turn.

6th row.—K. 1, (P. 2, K. 2) twice. Cast off.

Commencing again on the stitches which were left, slip the first 28 stitches on to a stitch-holder and work across the remaining stitches as follows:—

1st row.—K. 4, P. 2, K. 2, P. 2, twist, (P. 2, K. 2) twice, K. 1. **2nd row.**—K. 1, (P. 2, K. 2) twice, P. 8, (K. 2, P. 2) twice, P. 1, K. 1.

3rd row.—K. 1, K. 2 tog., K. 1, P. 2, K. 2, P. 2, K. 8, P. 1, turn.

4th row.—K. 1, P. 8, (K. 2, P. 2) twice, K. 1.

5th row.—K. 1, K. 2 tog., P. 2, K. 2, P. 2, K. 1, turn. **6th row.**—P. 1, K. 2, P. 2, K. 2, P. 1, K. 1.

7th row.—(K. 2, P. 2) twice, K. 8, (P. 2, K. 2) twice, K. 1. Cast off.

THE BACK.—Using the No. 8 Needles, cast on 108 stitches. Work exactly as given for the Front, until the 26th row of pattern has been worked.

Repeat from ** to ** as given for the Front, four times. In the next row K. 3, * P. 2, K. 2, P. 2, twist, repeat from * to the last 9 stitches, P. 2, K. 2, P. 2, K. 3.

In the following row K. 1, P. 2, * K. 2, P. 2, K. 2, P. 8, repeat from * to the last 9 stitches, (K. 2, P. 2) twice, K. 1. Shape for the shoulders as follows:—

1st row.—K. 3, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 9 stitches, P. 1, turn.

2nd row.—K. 1, * P. 8, K. 2, P. 2, K. 2, repeat from * to the last 17 stitches, P. 8, K. 1, turn.

3rd row.—P. 1, * K. 8, P. 2, K. 2, P. 2, repeat from * to the last 17 stitches, K. 1, turn.

4th row.—P. 1, * K. 2, P. 2, K. 2, P. 8, repeat from * to last 23 stitches, K. 2, P. 2, K. 2, P. 1, turn.

5th row.—K. 1, * P. 2, K. 2, P. 2, K. 8, repeat from * to last 37 stitches, P. 2, K. 2, P. 2, K. 6, turn.

6th row.—P. 6, * K. 2, P. 2, K. 2, P. 8, repeat from * to last 37 stitches, K. 2, P. 2, K. 2, P. 6, turn.

7th row.—K. 6, * P. 2, K. 2, P. 2, K. 8, repeat from * to the last 9 stitches, P. 2, K. 2, P. 2, K. 3.

8th row.—Cast off 25 stitches, P. 6, * K. 2, P. 2,

K. 2, P. 8, K. 2, P. 2, K. 2, P. 6, cast off 25 stitches. Sew up the shoulder seams.

THE COLLAR.—Using the No. 8 Needles, with points at both ends and with the right side of the work facing, join in the wool and knit up 8 stitches evenly along the left side of the neck; (K. 1, P. 1) nine times across the stitches of the Front; taking a second needle (K. 1, P. 1) five times, knit up 8 stitches evenly along the right side of the neck, (K. 1, P. 1) three times across the stitches of the Back; taking a third needle (K. 1, P. 1) thirteen times (there should now be 76 stitches in the round). Work 6 inches in rounds in rib of (K. 1, P. 1). Cast off loosely.

THE SLEEVES.—Using the No. 7 Needles, cast on 24 stitches. Work in plain, smooth fabric, casting on 2 stitches at the end of every row until there are 76 stitches on the needle.

Continue in plain, smooth fabric, decreasing once at each end of the needle in the 13th and every following 8th row until 64 stitches remain, then in every following 6th row until 52 stitches remain. Continue without shaping until the work measures 18½ inches from the commencement, ending with a purl row. In the next row K. 5, * K. 2 tog., K. 6, repeat from * to the last 7 stitches, K. 2 tog., K. 5.

Using the No. 8 Needles, in the following row K. 2, * P. 1, K. 1, repeat from * to the end of the row. Repeat this row twenty-four times. Cast off.

Work another Sleeve in the same manner.

TO MAKE UP THE JERSEY.—With a damp cloth and hot iron press carefully. Sew up side, shoulder and sleeve seams, joining seams of each piece by sewing together the corresponding ridges (formed by the stitch knitted at each end of every row). Sew in sleeves, placing seam to seam.

AERO CAP, illustrated on Cover.

MATERIALS:—5 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 7 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge. Three Buttons.

ACTUAL MEASUREMENT:—Width all round brim, 20 ins.

TENSION:—5½ stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size.

For abbreviations, see page 3.

RECIPE:—Cast on 52 stitches.

1st row.—(K. 1, increase once in the next stitch, K. 22, increase once in the next stitch) twice, K. 2.

2nd and alternate rows.—K. 1, purl to the last stitch, K. 1.

3rd row.—(K. 1, increase once in the next stitch, K. 24, increase once in next stitch) twice, K. 2.

5th row.—(K. 1, increase once in the next stitch, K. 26, increase once in the next stitch) twice, K. 2.

Continue increasing in this manner, until there are 104 stitches on the needle. Work 7 inches in plain, smooth fabric, ending with a purl row.

Shape for the crown as follows:—

1st row.—K. 1, (K. 2 tog.t.b.l., K. 47, K. 2 tog.) twice, K. 1. **2nd and alternate rows.**—K. 1, purl to the last stitch, K. 1.

3rd row.—K. 1, (K. 2 tog.t.b.l., K. 45, K. 2 tog.) twice, K. 1. **5th row.**—K. 1, (K. 2 tog.t.b.l., K. 43, K. 2 tog.) twice, K. 1.

Continue decreasing in this manner, until 52 stitches remain, ending with a purl row. Cast off.

THE FRONT-BAND.—Cast on 72 stitches.

1st row.—K. 2, * P. 1, K. 1, repeat from * to end of row. Repeat this row for 3 inches. Cast off.

THE BACK-BAND.—Cast on 96 stitches.

1st row.—K. 2, * P. 1, K. 1, repeat from * to the end of the row. Repeat this row for 3 inches. In the next row K. 2, (P. 1, K. 1) fifteen times, cast off 32 stitches, (P. 1, K. 1) sixteen times.

Work in rib on the last 32 stitches, decreasing once at each end of the needle in the 3rd and every row until 12 stitches remain.

Proceed as follows:—

1st row.—K. 1, P. 2 tog., K. 1, P. 1, cast off 2 stitches, K. 1, P. 1, K. 2 tog., K. 1.

2nd row.—K. 1, K. 2 tog., P. 1, cast on 2 stitches (thus forming a button-hole), K. 1, P. 2 tog., K. 1.

3rd row.—K. 1, P. 2 tog., K. 1, P. 1, K. 2 tog., K. 1. **4th row.**—K. 1, K. 2 tog., P. 2 tog., K. 1.

5th row.—(K. 2 tog.) twice. Cast off.

Join in the wool and work on the remaining 32 stitches in the same manner.

TO MAKE UP THE CAP.—With a damp cloth and hot iron press carefully. Fold the cap with the wrong sides together, placing the cast-on edge to the cast-off edge, sew up the side seam and across the top, through the four thicknesses. Sew the front-band firmly in position, along the lower edge of the front, leaving 7 inches plain at the back. Sew the ends of the band to the cap. Sew the back-band in position, over-wrapping the front-band at the sides and leaving 5½ inches plain at the front. Sew buttons on the cap to correspond with button-holes. Sew another button immediately below the button-hole inside the right point.

MAN'S WAISTCOAT (see Fig. 1A, page 2).
MATERIALS:—10 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Two No. 6 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge. A Beehive Stitch-holder. Six Buttons.
ACTUAL MEASUREMENTS:—Length from top of shoulder, 24 ins. Width all round at under-arm, 37 ins.
TENSION:—5 stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size.
For abbreviations, see page 3.
RECIPE:—THE LEFT FRONT.—Cast on 40 stitches. Work 2 rows in plain knitting.
3rd row.—Knit plain to the last 4 stitches, wl. fwd., K. 2 tog. (thus forming a button-hole), K. 2.
Work 7 rows in plain knitting.
11th row.—* K. 4, increase once in the next stitch, repeat from * to the last 10 stitches, K. 10 (there should now be 46 stitches on the needle).
12th row.—K. 6, purl to the last stitch, K. 1.
13th row.—Knit plain. Repeat the 12th and 13th rows six times, then the 12th row once.
27th row.—Like the 3rd row. Repeat the 12th and 13th rows three times, then the 12th row once.
35th row.—Knit plain. **36th row.**—K. 6, P. 14, K. 20, P. 5, K. 1. Repeat the 35th and 36th rows once, then the 35th row once.
40th row.—K. 6, P. 14, cast off 20 stitches knit-ways, P. 5, K. 1. Leave these stitches on a stitch-holder until the Pocket has been worked.
THE POCKET.—Cast on 20 stitches.
1st row.—Knit plain.
2nd row.—K. 1, purl to the last stitch, K. 1.
Repeat the 1st and 2nd rows fourteen times.
Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.
Continue in plain, smooth fabric (keeping a border of 6 stitches in plain knitting at the front edge), making a button-hole, as before, in the 10th and every following 24th row, until five button-holes have been worked from the commencement.
Proceed as follows:—
1st row.—K. 6, purl to the last 9 stitches, K. 9.
2nd and alternate rows.—Knit plain.
3rd row.—K. 6, purl to the last 10 stitches, K. 10.
5th row.—K. 6, purl to the last 11 stitches, K. 11.
7th row.—K. 6, purl to the last 12 stitches, K. 12.
8th row.—Cast off 6 stitches, knit plain to the end of the row.
9th row.—K. 6, purl to the last 6 stitches, K. 6.
Keeping a border of 6 stitches in plain knitting at each end of the needle, decrease once at the arm-hole edge (inside the border) in the next and every alternate row until 34 stitches remain.
Work 5 rows without shaping, making a button-hole in the 4th row. Decrease once at the front edge (inside the border) in the next and every following 4th row until 27 stitches remain.
Work 4 rows without shaping.
Shape for the shoulder as follows:—
1st row.—K. 6, P. 14, turn.
2nd and alternate rows.—Knit plain.
3rd row.—K. 6, P. 7, turn.
5th row.—K. 6, turn.
7th row.—K. 6, purl to the last 6 stitches, K. 6.
8th row.—Cast off 21 stitches, K. 6.
Work 2 inches in plain knitting on the remaining 6 stitches. Cast off.
THE RIGHT FRONT.—Cast on 40 stitches.
Work 10 rows in plain knitting.
11th row.—K. 10, * increase once in the next stitch, K. 4, repeat from * to the end of the row (there should now be 46 stitches on the needle).
12th row.—K. 1, purl to the last 6 stitches, K. 6.
13th row.—Knit plain. Repeat the 12th and 13th rows ten times, then the 12th row once.
35th row.—Knit plain. **36th row.**—K. 1, P. 5, K. 20, P. 14, K. 6. Repeat the 35th and 36th rows once, then the 35th row once.
40th row.—K. 1, P. 5, cast off 20 stitches knit-ways, P. 14, K. 6.
Leave these stitches until the Pocket has been worked. Work a Pocket as given for Left Front. Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.
Continue in plain, smooth fabric (keeping a border of 6 stitches in plain knitting at the front edge) until the work measures the same as the Left Front to the plain knitting at the under-arm, ending with a plain knitted row. Proceed as follows:—
1st row.—K. 9, purl to the last 6 stitches, K. 6.
2nd and alternate rows.—Knit plain.
3rd row.—K. 10, purl to the last 6 stitches, K. 6.
5th row.—K. 11, purl to the last 6 stitches, K. 6.
7th row.—K. 12, purl to the last 6 stitches, K. 6.
9th row.—Cast off 6 stitches, K. 6, purl to the last 6 stitches, K. 6.
Keeping a border of 6 stitches in plain knitting at each end of needle, decrease once at arm-hole edge (inside border) in next and every alternate row until 34 stitches remain. Work 5 rows without shaping.

Decrease once at the front edge (inside the border) in the next and every following 4th row until 27 stitches remain. Work 3 rows without shaping.
Shape for the shoulder as follows:—
1st row.—Knit plain to the last 7 stitches, turn.
2nd and 4th rows.—Purl to last 6 stitches, K. 6.
3rd row.—Knit plain to the last 14 stitches, turn.
5th row.—K. 6, turn. **6th row.**—K. 6.
7th row.—Knit plain to the end of the row.
8th row.—Cast off 21 stitches, K. 6.
Work 2 inches in plain knitting on the remaining 6 stitches. Cast off.
THE BACK.—Cast on 74 stitches.
Work 10 rows in plain knitting.
11th row.—K. 3, * increase once in the next stitch, K. 5, repeat from * to the last 5 stitches, increase once in the next stitch, K. 4 (there should now be 86 stitches on the needle).
12th row.—K. 1, purl to the last stitch, K. 1.
13th row.—Knit plain. Continue in plain, smooth fabric until the work measures the same as the Fronts to the plain knitting at under-arm, ending with a plain knitted row. Proceed as follows:—
1st row.—K. 9, purl to the last 9 stitches, K. 9.
2nd and alternate rows.—Knit plain.
3rd row.—K. 10, purl to the last 10 stitches, K. 10.
5th row.—K. 11, purl to the last 11 stitches, K. 11.
7th row.—K. 12, purl to the last 12 stitches, K. 12.
8th row.—Cast off 6 stitches, knit plain to the end of the row. **9th row.**—Cast off 6 stitches, K. 6, purl to the last 6 stitches, K. 6.
Decrease once at each end of the needle (inside the border) in the next and every alternate row until 62 stitches remain. Continue without shaping, until the arm-hole measures the same as the front arm-hole, ending with a purl row.
Shape for the shoulders as follows:—
1st row.—Knit plain to the last 7 stitches, turn.
2nd row.—Purl to the last 7 stitches, turn.
3rd row.—Knit plain to the last 14 stitches, turn.
4th row.—Purl to the last 14 stitches, turn.
5th row.—Knit plain to the last 21 stitches, turn.
6th row.—Purl to the last 21 stitches, turn.
7th row.—Knit plain to the end of row. Cast off.
TO MAKE UP THE WAISTCOAT.—With a damp cloth and hot iron press carefully. Sew up the side and shoulder seams, joining the seams of each piece by sewing together the corresponding ridges (formed by the stitch knitted at each end of every row). Sew the pocket linings in position on the wrong side. Join together the bands from the fronts and sew to the back of the neck. Sew on buttons to correspond with button-holes.

MITTENS (see Fig. 1B, page 2).

MATERIALS:—3 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Four No. 11 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—7½ stitches to the inch in width (not stretched) must be obtained.
RECIPE:—Cast on 52 stitches, 18 on each of the first and second needles and 16 on the third.
1st round.—* K. 2, P. 2, repeat from * to the end of the round. Repeat this round thirty-five times. Work 10 rounds in plain knitting.
47th round.—P. 1, increase once in the next stitch, K. 1, increase once in the next stitch, K. 1, P. 1, knit plain to the end of the round.
****48th and 49th rounds.**—Knit plain, purling the stitches which were purled in the previous round.
50th round.—P. 1, increase once in the next stitch, knit plain to the last 2 stitches before the purl stitch, increase once in the next stitch, K. 1, P. 1, knit plain to the end of the round **.
Repeat from ** to ** until there are 18 stitches between the 2 purled stitches.
Repeat the 48th and 49th rounds once.
In the next round K. 1, cast on 4 stitches, slip the next 18 stitches on to a thread and leave for the Thumb, knit plain to the end of the round.
Work 10 rounds in plain knitting.
Work 10 rounds in rib of (K. 2, P. 2).
Cast off loosely.
THE THUMB.—Divide the 18 stitches which were left on to two needles; with a third needle knit up 6 stitches between the two needles.
Work 6 rounds in plain knitting.
Work 6 rounds in rib of (K. 2, P. 2).
Cast off loosely.
Work another Mitten in the same manner.
With a damp cloth and hot iron press carefully.

DOUBLE SCARF (see Fig. 1C, page 2).

MATERIALS:—12 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Two No. 8 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
ACTUAL MEASUREMENTS:—Length, 54 ins. Width, 10 ins.
TENSION:—5 stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size.
For abbreviations, see page 3.

RECIPE:—Cast on 98 stitches.
1st row.—* K. 1, wl. fwd., slip the next stitch purlways, wool to back, repeat from * to the last 2 stitches, K. 1, wl. fwd., slip the last stitch purlways. Repeat this row until the work measures 54 inches from the commencement.
To cast off, (K. 2 tog.) twice, pass the first stitch over the second, * K. 2 tog., pass the first stitch over the second, repeat from * to the end of row.
With a damp cloth and hot iron press carefully.
THE FRINGE.—Wind the wool over a piece of cardboard 4 inches wide and cut through one edge. Taking 6 strands together, double them and using a crochet hook, draw a loop through the end of the scarf, pass ends through the loop and knot firmly. Repeat at even distances along the ends of scarf.

BRIOCHE SCARF (see Fig. 1D, page 2).

MATERIALS:—11 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 6 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
ACTUAL MEASUREMENTS:—Length, 54 ins. Width, 13 ins.
TENSION:—2 patterns to 1½ inches in width (not stretched) must be obtained to give a garment of the above-mentioned size.
RECIPE:—Cast on 72 stitches.
1st row.—K. 2, * wool to front, slip 1 purlways, K. 1, K. 2 tog., repeat from * to the last 2 stitches, K. 2. Repeat this row until the work measures 54 inches from commencement. Cast off in pattern, purling the stitch which should be slipped.
With a damp cloth and hot iron press carefully.
THE FRINGE.—Wind the wool over a piece of cardboard 4 inches wide and cut through one edge. Taking 5 strands together, double them and using a crochet hook, draw a loop through end of scarf, pass ends through loop and knot firmly. Repeat at even distances along the ends of the Scarf.

GLOVES (see Fig. 1E, page 2).

MATERIALS:—4 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Four No. 10 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—7 stitches to the inch in width (not stretched) must be obtained.
For abbreviations, see page 3.

RECIPE:—RIGHT-HAND GLOVE.—Cast on 56 stitches, 20 on each of two needles and 16 on the third.
1st round.—* K. 2, P. 2, repeat from * to the end of the round. Repeat this round until the work measures 4 inches from the commencement, increasing 2 stitches in the last round.
Proceed as follows:—
1st round.—P. 1, K. 5, P. 1, knit plain to the end of the round. Repeat this round twice (the purled stitches mark the gusset for the Thumb).
4th round.—P. 1, increase once in the next stitch, K. 2, increase once in the next stitch, K. 1, P. 1, knit plain to the end of the round.
5th round.—P. 1, K. 7, P. 1, knit plain to the end of the round. Repeat this round four times.
Increase two stitches between the two purled stitches in the next and every following 6th round until there are 15 stitches between purled stitches.
Work 4 rounds without shaping.
In the next round slip the first 17 stitches on to a thread, for the Thumb, cast on 3 stitches and continue the round in plain knitting.
Work 13 rounds without shaping.
Commence the Fingers as follows:—
FIRST FINGER.—Knit the first 5 stitches, slip all but the last 11 stitches on to a thread, cast on 2 stitches and knit the last 11 stitches.
Divide these 18 stitches evenly on to three needles.
Work 32 rounds in plain knitting.
33rd round.—(K. 2 tog.) nine times.
Break off the wool. Run the end through the remaining stitches, draw up and fasten off securely.
SECOND FINGER.—Knit the next 7 stitches of the round, cast on 2 stitches, knit the last 7 stitches of the round and knit up 3 stitches at the base of the First Finger.
Divide these 19 stitches on to three needles.
Work 36 rounds in plain knitting.
37th round.—(K. 2 tog.) nine times, K. 1.
Finish off as given for the First Finger.
THIRD FINGER.—Knit the next 7 stitches of the round, cast on 2 stitches, knit the last 7 stitches of the round and knit up 2 stitches at the base of the Second Finger.
Divide these 18 stitches evenly on to three needles.
Continue and finish off as given for the First Finger.
FOURTH FINGER.—Knit the remaining stitches and knit up 4 stitches at the base of the Third Finger.
Divide these stitches evenly on to three needles.
Work 25 rounds in plain knitting.
26th round.—(K. 2 tog.) seven times.
Finish off as given for the First Finger.

THE THUMB.—Knit the 17 stitches which were left for the Thumb and knit up 4 stitches over the opening. Divide these stitches on to three needles. Work 25 rounds in plain knitting.
26th round.—(K. 2 tog.) ten times, K. 1.
Finish off as given for the First Finger.
LEFT-HAND GLOVE.—Work as given for the Right-Hand Glove, until the Fingers are reached.
FIRST FINGER.—Knit the first 11 stitches, slip all but the last 5 on to a thread, cast on 2 stitches and knit the last 5 stitches. Work remainder of glove as given for the Right-Hand Glove, but commencing at back to knit up stitches for Fingers.
With a damp cloth and hot iron press carefully.

PLAIN KNITTED SCARF (see Fig. 1F, page 2).

MATERIALS:—10 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Two No. 6 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
ACTUAL MEASUREMENTS:—Length, 54 ins. Width, 12 ins.
TENSION:—5 stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size.
RECIPE:—Cast on 60 stitches.
1st row.—Knit plain. Repeat this row for 54 inches (or for the length required).
With a damp cloth and hot iron press carefully.
THE FRINGE.—Wind the wool over a piece of cardboard 4 inches wide and cut through one edge. Taking five strands together, double them and, using a crochet hook, draw a loop through the end of the scarf, pass the ends through the loop and knot firmly. Repeat at even distances along the ends of the scarf.

STEERING GLOVES (see Fig. 1G, page 2).

MATERIALS:—4 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Four No. 10 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—7 stitches to the inch in width (not stretched) must be obtained.
RECIPE:—Cast on 52 stitches, 18 on each of the first and second needles and 16 on the third.
Work 36 rounds in rib of (K. 2, P. 2).
Work 10 rounds in plain knitting.
47th round.—(Commencing the Thumb), P. 1, increase once in the next stitch, K. 1, increase once in next stitch, K. 1, P. 1, knit plain to end of round.
****48th and 49th rounds.**—Knit plain, purling stitches which were purled in the previous round.
50th round.—P. 1, increase once in the next stitch, knit plain to the two stitches before the next purl stitch, increase once in the next stitch, K. 1, P. 1, knit plain to the end of the round **.
Repeat from ** to ** until there are 18 stitches between the two purled stitches.
Repeat the 48th and 49th rounds once.
In the next round K. 1, cast on 4 stitches, slip the next 18 stitches on to a thread, knit plain to the end of round. Work 30 rounds in plain knitting.
Proceed as follows:—
1st round.—* K. 11, K. 2 tog., repeat from * to the end of the round.
2nd round.—* K. 6, K. 2 tog., repeat from * to end of round. Work 6 rounds without shaping.
9th round.—* K. 5, K. 2 tog., repeat from * to end of round. Work 5 rounds in plain knitting.
15th round.—* K. 4, K. 2 tog., repeat from * to end of round. Work 4 rounds in plain knitting.
20th round.—* K. 1, K. 2 tog., repeat from * to end of round. Work 3 rounds in plain knitting.
24th round.—* K. 2 tog., repeat from * to the end of the round. Run the end through remaining stitches, draw up and fasten off securely.
THE THUMB.—Divide the 18 stitches which were left on to two needles; with a third needle knit up 6 stitches from the 4 cast-on stitches.
Work 23 rounds in plain knitting.
24th round.—* K. 4, K. 2 tog., repeat from * to the end of the round.
25th and 26th rounds.—Knit plain.
27th round.—* K. 2 tog., repeat from * to the end of the round. **28th round.**—Knit plain.
Run the end through the remaining stitches, draw up and fasten off securely.
Work another Glove in the same manner.
With a damp cloth and hot iron press carefully.

CARDIGAN (see Fig. 1H, page 2).

MATERIALS:—1 lb. 3 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 7 and two No. 9 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge. A Beehive Stitch-holder. Six Buttons.
ACTUAL MEASUREMENTS:—Length from

top of shoulder, 22 ins. Width all round at under-arm, 37 ins. Length of sleeve from under-arm, 18 ins.

TENSION:—5½ stitches to the inch in width (not stretched) must be obtained to give a garment of the above-mentioned size.

RECIPE:—THE LEFT FRONT.—Using the No. 7 Needles, cast on 47 stitches.

Work 2 rows in plain knitting.

3rd row.—Knit plain to the last 5 stitches, cast off 2 stitches, K.3. **4th row.**–K.3, cast on 2 stitches (thus forming a button-hole), knit plain to end of row.

Work 7 rows in plain knitting.

12th row.—K. 5, * K. 4, increase once in the next stitch, K. 2, repeat from * to the end of the row (there should now be 53 stitches on the needle).

Proceed as follows:—

1st row.—K. 2, * P. 1, K. 1, repeat from * to the last 7 stitches, K. 7.

2nd row.—K. 7, purl to the last stitch, K. 1.

Repeat the 1st and 2nd rows eight times.

19th row.—K. 2, * P. 1, K. 1, repeat from * to the last 7 stitches, K. 2, cast off 2 stitches, K. 3.

20th row.—K. 3, cast on 2 stitches, K. 2, purl to the last stitch, K. 1. Repeat the 1st and 2nd rows seven times, then the 1st row once.

36th row.—K. 7, P. 17, K. 23, P. 5, K. 1.

37th row.—K.2, (P.1, K.1) twice, K.23, (K.1, P.1) eight times, K.8. Repeat 36th and 37th rows twice.

42nd row.—K. 7, P. 17, cast off 23 stitches knitways, P. 5, K. 1. Leave these stitches on a stitch-holder until the Pocket has been worked.

THE POCKET.—Using the No. 7 Needles, cast on 23 stitches.

1st row.—K. 2, * P. 1, K. 1, repeat from * to last stitch, K.1. **2nd row.**—K.1, purl to last stitch, K.1.

Repeat the 1st and 2nd rows twenty times.

Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.

Work 3 rows without shaping.

In the next row K. 2, * P. 1, K. 1, repeat from * to the last 7 stitches, K. 2, cast off 2 stitches, K. 3. In the following row K. 3, cast on 2 stitches, K. 2, purl to the last stitch, K. 1.

Keeping a border of 7 stitches in plain knitting at the front edge, continue in rib, making a button-hole, as before, in every following 27th and 28th rows, until five button-holes have been worked from the commencement. Work 6 rows without shaping. Proceed as follows:—

1st row.—Cast off 6 stitches, * P. 1, K. 1, repeat from * to the last 7 stitches, K. 7.

2nd row.—K. 7, purl to the last stitch, K. 1.

3rd row.—K. 1, P. 2 tog., * K. 1, P. 1, repeat from * to the last 8 stitches, K. 8.

4th row.—K. 7, purl to the last stitch, K. 1.

5th row.—K. 1, K. 2 tog., * P. 1, K. 1, repeat from * to the last 7 stitches, K. 7.

Repeat from the 2nd to the 5th row three times, then from the 2nd to the 4th row once.

21st row.—K. 1, K. 2 tog., * P. 1, K. 1, repeat from * to the last 7 stitches, K. 2, cast off 2 stitches, K. 3. **22nd row.**—K. 3, cast on 2 stitches, K. 2, purl to the last stitch, K. 1.

23rd row.—K. 2, * P. 1, K. 1, repeat from * to the last 7 stitches, K. 7.

24th row.—K. 7, purl to the last stitch, K. 1.

25th row.—K. 2, * P. 1, K. 1, repeat from * to the last 9 stitches, P. 2 tog., K. 7.

Still keeping a border of 7 stitches in plain knitting at the front edge, decrease once at the front edge (inside the border), in every following 4th row until 27 stitches remain. Work 2 rows without shaping. Shape for the shoulder as follows:—

1st row.—K. 7, purl to the last 6 stitches, turn.

2nd row.—* P. 1, K. 1, repeat from * to the last 7 stitches, K. 7.

3rd row.—K. 7, purl to the last 13 stitches, turn.

4th row.—* K. 1, P. 1, repeat from * to the last 8 stitches, K. 8.

5th row.—K. 7, turn. **6th row.**—K. 7.

7th row.—K. 7, purl to the last stitch, K. 1.

8th row.—Cast off 20 stitches, K. 7.

Work 2 inches in plain knitting on these 7 stitches. Cast off.

THE RIGHT FRONT.—Using the No. 7 Needles, cast on 47 stitches.

Work 11 rows in plain knitting.

12th row.—* K. 2, increase once in next stitch, K. 4, repeat from * to last 5 stitches, K. 5 (there should now be 53 stitches on the needle).

Proceed as follows:—

1st row.—K. 7, * K. 1, P. 1, repeat from * to the last 2 stitches, K. 2. **2nd row.**—K. 1, purl to the last 7 stitches, K. 7. Repeat the 1st and 2nd rows sixteen times, then the 1st row once.

36th row.—K. 1, P. 5, K. 23, P. 17, K. 7.

37th row.—K. 8, (P. 1, K. 1) eight times, K. 23, (K. 1, P. 1) twice, K. 2.

Repeat the 36th and 37th rows twice.

42nd row.—K. 1, P. 5, cast off 23 stitches knitways, P. 17, K. 7. Leave these stitches until Pocket has been worked. Work a Pocket as given for Left Front. Commencing again on the stitches of the Front, work across the row, working across the pocket stitches in place of the cast-off stitches.

Keeping a border of 7 stitches in plain knitting at the front edge, continue in rib, until the work measures the same as the Left Front to the under-arm, ending with the right side of the work facing. In the next row cast off 6 stitches, purl to the last 7 stitches, K. 7.

Still keeping a border of 7 stitches in plain knitting at the front edge, continue in rib, decreasing once at the arm-hole edge in the next and every alternate row until 37 stitches remain. Work 3 rows without shaping.

Decrease once at the front edge (inside the border) in the next and every following 4th row until 27 stitches remain, ending with a purl row.

Shape for the shoulder as follows:—

1st row.—K. 7, (K. 1, P. 1) seven times, turn.
2nd row.—P. 14, K. 7.
3rd row.—K. 8, (P. 1, K. 1) three times, turn.
4th row.—P. 7, K. 7. **5th row.**—K. 7, turn.
6th row.—K. 7. **7th row.**—K. 7, * K. 1, P. 1, repeat from * to the last 2 stitches, K. 2.
8th row.—Cast off 20 stitches, K. 7.

Work 2 inches in plain knitting on these 7 stitches. Cast off.

THE BACK.—Using the No. 7 Needles, cast on 87 stitches. Work 11 rows in plain knitting.

12th row.—* K. 4, increase once in the next stitch, K. 2, repeat from * to last 3 stitches, K. 3 (there should now be 99 stitches on needle).

Proceed as follows:—

1st row.—K. 2, * P. 1, K. 1, repeat from * to the last stitch, K. 1.
2nd row.—K. 1, purl to the last stitch, K. 1.

Repeat the 1st and 2nd rows until the work measures the same as the Fronts to the under-arm, ending with a purl row.

Cast off 6 stitches at the beginning of each of the next two rows. Continue in rib, decreasing once at each end of the needle in the next and every alternate row until 67 stitches remain.

Continue without shaping, until the arm-hole measures the same as the front arm-hole, ending with a purl row.

Shape for the shoulders as follows:—

1st row.—K. 1, * K. 1, P. 1, repeat from * to the last 6 stitches, turn.
2nd row.—Purl to the last 6 stitches, turn.
3rd row.—* P. 1, K. 1, repeat from * to the last 13 stitches, turn.
4th row.—Purl to the last 13 stitches, turn.
5th row.—* K. 1, P. 1, repeat from * to the last 20 stitches, turn.
6th row.—Purl to the last 20 stitches, turn.
7th row.—* P. 1, K. 1, repeat from * to the last stitch, K. 1. Cast off.

THE SLEEVES.—Using the No. 9 Needles, cast on 46 stitches.

1st row.—K. 2, * P. 1, K. 1, repeat from * to the end of row. Repeat this row forty-eight times.
50th row.—K. 2, * P. 1, K. 1, increase once in the next stitch, (K. 1, P. 1) four times, increase once in the next stitch, (P. 1, K. 1) three times, repeat from * once, P. 1, K. 1, increase once in the next stitch, (K. 1, P. 1) twice, K. 1 (there should now be 51 stitches on the needle).

Using the No. 7 Needles, proceed as follows:—

1st row.—K. 2, * P. 1, K. 1, repeat from * to the last stitch, K. 1.
2nd row.—K. 1, purl to the last stitch, K. 1.

Repeat the 1st and 2nd rows four times.

****11th row.**—Increase once in the first stitch, * K. 1, P. 1, repeat from * to the last 2 stitches, increase once in the next stitch, K. 1.
12th row.—K. 1, purl to the last stitch, K. 1.
13th row.—K. 1, * P. 1, K. 1, repeat from * to the end of the row. Repeat the 12th and 13th rows twice, then the 12th row once.
19th row.—Increase once in the first stitch, * P. 1, K. 1, repeat from * to the last 2 stitches, increase once in the next stitch, K. 1.
20th row.—K. 1, purl to the last stitch, K. 1.
21st row.—K. 2, * P. 1, K. 1, repeat from * to the last stitch, K. 1. Repeat the 20th and 21st rows twice, then the 20th row once **.

Repeat from ** to ** four times.

Continue in rib, without shaping, until the work measures 21 inches from the commencement, ending with a purl row. Proceed as follows:—

1st row.—Cast off 1 stitch, work in pattern to the end of the row.
2nd row.—Cast off 1 stitch, purl to end of row.

Repeat these two rows twice.

7th row.—Cast off 2 stitches, work in pattern to the end of the row.
8th row.—Cast off 2 stitches, purl to end of row.
9th row.—Cast off 1 stitch, work in pattern to the end of the row.
10th row.—Cast off 1 stitch, purl to end of row.

Repeat from the 7th to the 10th row six times, then the 7th and 8th rows once. Cast off.

Work another Sleeve in the same manner.

TO MAKE UP THE CARDIGAN.—With a damp cloth and hot iron press carefully. Sew up the side, shoulder and sleeve seams, joining the seams of each piece by sewing together the corresponding ridges (formed by the stitch knitted at

Fig. 2.—A and E, Hospital Stockings (with and without feet), p. 13; B, Knee Caps, p. 13; C, Body Belt, p. 14; D, Heel-less Bed Socks, p. 14; F, Knee Cap, p. 14; G, Fisherman's Sea-Boot Stockings, p. 14; H, Man's Socks (French heel and flat toe), p. 15; J, Man's Socks (with Dutch heel and flat toe), p. 16; K, Bed Socks, p. 17.

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each end of every row). Sew in the sleeves, placing seam to seam. Sew the pocket linings in position on the wrong side. Join together the bands from the fronts and sew to back of neck. Sew on buttons to correspond with button-holes.

HOSPITAL STOCKINGS, with and without feet (see Figs. 2A and 2E, page 12).

MATERIALS:—11 ozs. with feet (9 ozs. without feet), BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 6 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.

TENSION:—6 stitches to the inch in width (not stretched) must be obtained.

RECIPE:—(Without feet):—Cast on 88 stitches.

1st row.—K. 3, * P. 2, K. 2, repeat from * to the last stitch, K. 1.

2nd row.—K. 1, P. 2, * K. 2, P. 2, repeat from * to the last stitch, K. 1. Repeat 1st and 2nd rows until work measures ten inches from commencement, ending with 2nd row. Proceed as follows:—

1st row.—K. 3, * P. 2 tog., K. 2, repeat from * to the last stitch, K. 1. **2nd row.**—* K. 1, P. 2, repeat from * to the last stitch, K. 1.

3rd row.—K. 3, * P. 1, K. 2, repeat from * to the last stitch, K. 1. Repeat 2nd and 3rd rows until work measures twenty inches from commencement, ending with 2nd row. Proceed as follows:—

1st row.—K. 1, K. 2 tog., * P. 1, K. 2 tog., repeat from * to the last stitch, K. 1.

2nd row.—K. 1, * P. 1, K. 1, repeat from * to the end of the row. **3rd row.**—K. 2, * P. 1, K. 1, repeat from * to the last stitch, K. 1.

Repeat the 2nd and 3rd rows until the work measures twenty-eight inches from the commencement, ending with the 2nd row. Cast off loosely. Work another Stocking in the same manner.

THE STOCKINGS (with feet).—Cast on 88 stitches. Work exactly as given for the Stockings without feet until the work measures twenty-eight inches from commencement, ending with 3rd row. Proceed as follows:—

1st row.—Knit plain. Repeat this row four times, decreasing one stitch at the end of the last row.

6th row.—K. 11, turn. **7th row.**—K. 11.
8th row.—K. 10, turn. **9th row.**—K. 10.
10th row.—K. 9, turn. **11th row.**—K. 9.
12th row.—K. 8, turn. **13th row.**—K. 8.
14th row.—K. 7, turn. **15th row.**—K. 7.
16th row.—K. 6, turn. **17th row.**—K. 6.
18th row.—K. 5, turn. **19th row.**—K. 5.
20th row.—K. 4, turn. **21st row.**—K. 4.
22nd row.—K. 3, turn. **23rd row.**—K. 3.
24th row.—K. 3, lift up the right-hand side of the loop just before the 4th stitch and knit the two together (thereby preventing a hole), turn.
25th row.—K. 4.
26th row.—K. 4, lift up the right-hand side of the loop just before the 5th stitch and knit the two together, turn. Continue in this manner, knitting one stitch more in every alternate row until 11 stitches are worked on to the needle, turn.

In the next row K. 11 (thus completing the first half of the heel).

In the following row K. 11, lift up the right-hand side of the loop, just before the 12th stitch and knit the two together, K. 32. Repeat from the 6th to the 26th row, as given for the first half of the heel. Continue working to match the first half of heel until 11 stitches are worked on to the needle, turn.

In the next row K. 11 (thus completing the second half of the heel).

In the following row K. 11, lift up the right-hand side of the loop just before the 12th stitch and knit the two together, K. 32. Work 6 inches in plain knitting, ending with the wrong side of the work facing. Shape for the toe as follows:—

1st row.—(K. 8, K. 2 tog., K. 2, K. 2 tog., K. 8) twice. **2nd and alternate rows.**—Knit plain. **3rd row.**—(K. 7, K. 2 tog., K. 2, K. 2 tog., K. 7) twice. **5th row.**—(K. 6, K. 2 tog., K. 2, K. 2 tog., K. 6) twice. **7th row.**—(K. 5, K. 2 tog., K. 2, K.2 tog., K. 5) twice. **9th row.**—(K.4, K.2 tog., K. 2, K. 2 tog., K. 4) twice. **11th row.**—(K. 3, K. 2 tog., K. 2, K. 2 tog., K. 3) twice. Cast off. Work another Stocking in the same manner.

With a damp cloth and hot iron press carefully. Sew up the leg and foot seams. Placing the seam to the centre of cast-off stitches, sew up toe seam.

KNEE CAPS (see Fig. 2B, page 12).

MATERIALS:—3 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 7 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.

TENSION:—5½ stitches to the inch in width (not stretched), measured over the plain knitting, must be obtained.

RECIPE:—Cast on 38 stitches.

Work 18 rows in plain knitting.

19th row.—K. 17, increase once in the next stitch, knit plain to the last 18 stitches, increase once in the next stitch, K. 17.
20th row.—Knit plain. Repeat the 19th and 20th rows until there are 56 stitches on the needle. Work 33 rows in plain knitting, without shaping. Proceed as follows:—
1st row.—K. 17, K. 2 tog., knit plain to the last 19 stitches, K. 2 tog., K. 17. **2nd row.**—Knit plain. Repeat 1st and 2nd rows until 38 stitches remain. Work 18 rows in plain knitting, without shaping. Cast off. With a damp cloth and hot iron press carefully. Sew together the cast-on and cast-off edges. Work another Knee Cap in the same manner.

BODY BELT (see Fig. 2C, page 12).

MATERIALS:—3 ozs. WHITE HEATHER, or PATONS ROSE, Fingering, 4-ply. Two No. 8 and two No. 10 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
TENSION:—8 stitches to the inch in width (not stretched) must be obtained.
RECIPE:—Using the No. 10 Needles, cast on 180 stitches, with two needles.
1st row.—K. 2, * P. 1, K. 1, repeat from * to the end of the row. Repeat this row for 3 inches. Using the No. 8 Needles, repeat the 1st row until work measures 11 inches from commencement. Using the No. 10 Needles, repeat the 1st row for 3 inches. Cast off very loosely. With a damp cloth and hot iron press carefully. Sew up the seam.

HEEL-LESS BED SOCKS (see Fig 2D, page 12).

MATERIALS:—4 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 6 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
TENSION:—5 stitches to the inch in width (not stretched), measured over the plain knitting, must be obtained.
RECIPE:—Cast on 90 stitches.
****1st and 2nd rows.**—Knit plain.
3rd row.—K. 1, P. 29, K. 60.
4th row.—Knit plain. **5th row.**—Like 3rd row.
6th and 7th rows.—Knit plain.
8th row.—K. 60, P. 29, K. 1.
9th row.—Knit plain.
10th row.—Like the 8th row **.
Repeat from ** to ** five times. Cast off loosely. Work another Bed Sock in the same manner.
TO MAKE UP THE SOCKS.—With a damp cloth and hot iron press lightly. Sew the cast-on edge to the cast-off edge and the ridges formed at the plain knitted end of the Sock.

KNEE CAP (see Fig. 2F, page 12).

MATERIALS:—4 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 9 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
TENSION:—6½ stitches to the inch in width (not stretched), measured over the plain knitting, must be obtained.
RECIPE:—Cast on 76 stitches.
1st row.—K. 3, * P. 2, K. 2, repeat from * to the last stitch, K. 1. **2nd row.**—K. 1, * P. 2, K. 2, repeat from * to the last 3 stitches, P. 2, K. 1.
Repeat these two rows fifteen times.
Shape for the cap as follows:—
1st row.—K. 1, (K. 2, P. 2) ten times, K. 2, turn.
2nd row.—K. 10, turn. **3rd row.**—K. 11, turn.
4th row.—K. 12, turn. Continue in this manner, knitting one stitch more in each row until 18 stitches of ribbing are left at each side of the cap, turn.
Leaving these 18 stitches at each side unworked, knit to the last 3 stitches of the cap, K. 2 tog., K. 1, turn. In the next row knit plain to the last 3 stitches of the cap, K. 2 tog., K. 1, turn.
Continue in this manner, decreasing once at the end of every row until 10 stitches remain, turn.
In the next row K. 10, knit up 15 stitches along the side of the cap, then work 18 stitches in rib.
In the following row K. 1, (P. 2, K. 2) ten times, P. 2, knit up 15 stitches purlways along the other side of the cap, P. 1, (K. 2, P. 2) four times, K. 1.
Proceed as follows:—
1st row.—K. 1, * K. 2, P. 2, repeat from * to the last 3 stitches, K. 3.
2nd row.—K. 1, * P. 2, K. 2, repeat from * to the last 3 stitches, P. 2, K. 1. Repeat these two rows fifteen times. Cast off. With a damp cloth and hot iron press carefully. Sew up the seam. Work another Knee Cap in the same manner.

FISHERMAN'S SEA-BOOT STOCKINGS (see Fig. 2G, page 12).

MATERIALS:—8 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE,

DOUBLE KNITTING). Four No. 10 "BEE-HIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—7 stitches to the inch in width (not stretched) must be obtained.
For abbreviations, see page 3.
RECIPE:—Cast on 74 stitches, 24 on each of the first and second needles and 26 on the third.
Work 20 rounds in rib of (K. 1, P. 1), increasing one stitch in the last stitch of the last round.
Proceed as follows:—
1st round.—Work in plain knitting to the last stitch on the third needle, P. 1. Repeat this round thirty-four times. Proceed as follows:—
****1st round.**—K. 1, K. 2 tog., knit plain to the last 4 stitches of round, K. 2 tog.t.b.l., K. 1, P. 1.
2nd round.—Work in plain knitting to the last stitch of the third needle, P. 1.
Repeat the 2nd round six times **. Repeat from ** to ** eight times, then the 1st round once.
Work 34 rounds in plain knitting without shaping (still keeping the purled stitch at the centre back).
In the next round knit plain to the last 2 stitches of the third needle, K. 2 tog.
To commence the heel, K. 12; slip the last 12 stitches of the round on to the end of same needle (these 24 stitches are for heel).
Divide the remaining 30 stitches on to two needles and leave for the instep.
Work 23 rows on the heel stitches in alternate rows of purl and plain (always slipping the first and knitting the last stitch in every row).
To turn the heel, K. 15, slip 1, K. 1, p.s.s.o., turn; * P. 7, P. 2 tog., turn; K. 7, slip 1, K. 1, p.s.s.o., turn, repeat from * until all stitches are worked on to one row again; knit back 4 stitches (thus completing the heel).
Slip all the instep stitches on to one needle.
Taking another needle, knit the remaining 4 stitches of the heel and knit up 16 stitches from the side of the heel; with a second needle knit plain across the instep stitches; with a third needle knit up 16 stitches at the side of the heel and the remaining 4 stitches of the heel.
Knit 2 rounds plain without shaping.
In the next round knit plain to the last 4 stitches on the first needle, K. 2 tog., K. 2; knit plain on the second needle; on the third needle K. 2, K. 2 tog. t.b.l., knit plain to the end of the needle.
Repeat the last 3 rounds until 14 stitches remain on the first and third needles. Continue without shaping until the foot measures (from where the stitches were knitted up at the side of the heel):—
6½ inches for a 10-inch foot.
7 inches for a 10½-inch foot.
7½ inches for an 11-inch foot.
Shape for the toe as follows:—
*****1st round.**—Knit plain to the last 3 stitches of the first needle, K. 2 tog., K. 1; on the second needle K. 1, K. 2 tog.t.b.l., knit plain to the last 3 stitches, K. 2 tog., K. 1; on the third needle K. 1, K. 2 tog.t.b.l., knit plain to the end of the needle.
2nd round.—Knit plain ***. Repeat from *** to *** until 22 stitches remain in the round.
In the next round work the first needle without shaping; on the second needle K. 1, K. 2 tog.t.b.l., knit plain to the last 3 stitches, K. 2 tog., K. 1.
Slip the stitches of the third needle on to the end of the first needle. Cast off the stitches from the two needles together, or graft the stitches.
Work another Sock in the same manner.
With a damp cloth and hot iron press carefully.

MAN'S SOCKS, with French Heel and Flat Toe (see Fig. 2H, page 12).

MATERIALS:—6 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Four No. 10 "BEE-HIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—7 stitches to the inch in width (not stretched) must be obtained.
For abbreviations, see page 3.
RECIPE:—Cast on 60 stitches, 20 on each of three needles.
1st round.—* K. 1, P. 1, repeat from * to the end of the round. Repeat this round for 5 inches.
Work 7 inches in rounds of plain knitting.
To commence the heel, K. 15, slip the last 15 stitches of the round on to the other end of the same needle (these 30 stitches are for the heel).
Divide the remaining stitches on to two needles and leave for the instep.
Work 29 rows on the heel stitches in alternate rows of purl and plain (always slipping first and knitting last stitch in every row).
To turn the heel K. 18, K. 2 tog., turn; P. 7, P. 2 tog., turn; K. 8, K. 2 tog., turn; P. 9, P. 2 tog., turn; K. 10, K. 2 tog., turn.
Continue in this manner until all the stitches are worked on to one needle; knit back 9 stitches (thus completing the heel). Slip all the instep stitches on to one needle.
Taking another needle, knit the remaining 9 stitches of the heel and knit up 16 stitches at the

side of the heel; with a second needle knit plain across the instep stitches; taking a third needle knit up 16 stitches at side of heel and remaining 9 heel stitches. Decrease for instep as follows:—

1st round.—Knit plain without shaping.

2nd round.—Knit plain to the last 4 stitches of the first needle, K. 2 tog., K. 2; on the second needle, knit plain without shaping; on the third needle, K. 2, K. 2 tog.t.b.l., knit plain to the end of the needle. Repeat the 1st and 2nd rounds until 15 stitches remain on each of the first and third needles. Continue without shaping until the foot measures (from where the stitches were knitted up at the side of the heel):—

6 inches for a 10-inch foot.
6½ inches for a 10½-inch foot.
7 inches for an 11-inch foot.

Shape for the toe as follows:—

1st round.—On the first needle knit plain to the last 3 stitches, K. 2 tog., K. 1; on the second needle, K. 1, K. 2 tog.t.b.l., knit plain to the last 3 stitches, K. 2 tog., K. 1; on the third needle, K. 1, K. 2 tog.t.b.l., knit plain to the end of the needle.

2nd round.—Knit plain without shaping.

Repeat these two rounds until 24 stitches remain in the round. Knit the stitches of the first needle on to the end of the third needle. Cast off the stitches from the two needles together, or graft the stitches. Work another Sock in the same manner. With a damp cloth and hot iron press carefully.

MAN'S SOCKS, with Dutch Heel and Flat Toe (see Fig. 2J, page 12).

MATERIALS:—7 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Four No. 11 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.

TENSION:—9 stitches to the inch in width (not stretched), measured over the (K. 4, P. 2) rib, must be obtained.

For abbreviations, see page 3.

RECIPE:—Cast on 72 stitches, 24 on each of three needles. Work 4 inches in rounds in rib of (K. 1, P. 1). In the next round * K. 1, (P. 1, K. 1) twice, increase once in the next stitch, (K. 1, P. 1) three times, repeat from * to the end of the round (there should now be 78 stitches in the round).

Proceed as follows:—

1st round.—* K. 4, P. 2, repeat from * to the end of the round. Repeat this round for 3 inches. Knit the first 2 stitches of the first needle on to the third needle. Decrease once at the beginning of the first and at the end of the third needle in the next and every following 8th round, until there are 21 stitches on the first needle and 25 on the third. Continue without shaping for 3 inches.

To commence the heel K. 17, slip the last 17 stitches of the round on to the other end of the same needle (these 34 stitches are for the heel). Divide the remaining stitches on to two needles and leave for the instep.

Work 21 rows on the heel stitches in alternate rows of purl and plain (always slipping the first and knitting the last stitch in every row).

To turn the heel, K. 21, slip 1, K. 1, p.s.s.o., turn; P. 9, P. 2 tog., turn, * K. 9, slip 1, K. 1, p.s.s.o., turn; P. 9, P. 2 tog., turn, repeat from * until all the stitches are worked on to one needle, knit back 5 stitches (thus completing the heel).

Slip all the instep stitches on to one needle again. Taking another needle, knit the remaining 5 heel stitches, knit up 16 stitches from the side of the heel; with a second needle, work in pattern across the instep stitches; with a third needle, knit up 16 stitches from the other side of the heel and the remaining 5 heel stitches.

Shape for the instep as follows:—

1st round.—Knit plain on the first and third needles and work the second needle in rib.

2nd round.—Knit plain to the last 3 stitches of the first needle, K. 2 tog., K. 1; work the second needle in rib without shaping; on the third needle, K. 1, K. 2 tog.t.b.l., knit plain to end of needle.

3rd and 4th rounds.—Like the 1st round.

Repeat these four rounds until 17 stitches remain on each of the first and third needles.

Continue without shaping, always knitting the first and third needles plain and the second in rib, until the foot measures (from where the stitches were knitted up at the side of the heel):—

5 inches for a 10-inch foot.
5½ inches for a 10½-inch foot.
6 inches for an 11-inch foot.

Slip 1 stitch on to each of the first and third needles from the second needle.

Shape for the toe as follows:—

1st round.—Knit plain to the last 3 stitches of the first needle, K. 2 tog., K. 1; on the second needle, K. 1, K. 2 tog.t.b.l., knit plain to the last 3 stitches, K. 2 tog., K. 1; on the third needle, K. 1, K. 2 tog.t.b.l., knit plain to the end of the needle.

2nd round.—Knit plain. Repeat the 1st and 2nd rounds until 28 stitches remain in the round. Knit the stitches of the first needle on to the end of the

third needle. Cast off the stitches from the two needles together, or graft the stitches. Work another Sock in the same manner. With a damp cloth and hot iron press carefully.

BED SOCKS (see Fig. 2K, page 12).

MATERIALS:—6 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Four No. 8 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.

TENSION:—6 stitches to the inch in width (not stretched) must be obtained.

For abbreviations, see page 3.

RECIPE:—Cast on 56 stitches, 20 on each of the first and second needles and 16 on the third.

1st round.—* K. 2, P. 2, repeat from * to the end of the round. Repeat this round for 3½ inches.

In the next round * wl. fwd., K. 2 tog., repeat from * to the end of the round.

Repeat the 1st round until the work measures 11 inches from the commencement.

To commence the heel, work in pattern on the first 14 stitches of the round, slip the last 14 stitches of the round on to the other end of the same needle (these 28 stitches are for the heel). Divide the remaining stitches on to two needles and leave for the instep.

Work 21 rows on the heel stitches in alternate rows of purl and plain (always slipping the first and knitting the last stitch in every row).

To turn the heel K. 16, K. 2 tog., turn; P. 5, P. 2 tog., turn; K. 6, K. 2 tog., turn; P. 7, P. 2 tog., turn; K. 8, K. 2 tog., turn.

Continue in this manner, until all the stitches are worked on to one needle, knit back 8 stitches (thus completing the heel). Slip all the instep stitches on to one needle.

Taking another needle, knit the remaining 8 stitches of the heel and knit up 12 stitches from the side of the heel; with a second needle, knit plain across the instep stitches; with a third needle, knit up 12 stitches from the side of the heel and the remaining 8 heel stitches. Shape for instep as follows:—

1st round.—Knit plain.

2nd round.—Knit plain to the last 4 stitches on the first needle, K. 2 tog., K. 2; knit the second needle plain without shaping; on third needle, K. 2, K. 2 tog.t.b.l., knit plain to end of needle.

Repeat the 1st and 2nd rounds until 14 stitches remain on each of the first and third needles.

Continue without shaping until the foot measures (from where the stitches were knitted up at the side of the heel):—

5¼ inches for a 10-inch foot.
5¾ inches for a 10½-inch foot.
6¼ inches for an 11-inch foot.

Shape for the toe as follows:—

1st round.—Knit plain to the last 3 stitches of the first needle, K. 2 tog., K. 1; on the second needle, K. 1, K. 2 tog.t.b.l., knit plain to the last 3 stitches, K. 2 tog., K. 1; on the third needle, K. 1, K. 2 tog.t.b.l., knit plain to the end of the needle.

2nd round.—Knit plain. Repeat these two rounds until 24 stitches remain in the round. Knit the stitches of the first needle on to the end of the third needle. Cast off the stitches from the two needles together, or graft the stitches.

Work another Bed Sock in the same manner.

With a damp cloth and a hot iron press carefully.

Using three strands of wool, 70 inches long, make a twisted cord and thread through the holes at the top of the leg, attaching a tassel to each end.

HELMET WITH CAPE PIECES (see Fig. A, page 19).

MATERIALS:—5 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 6 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), and four No. 6 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge. A Beehive Stitch-holder.

TENSION:—5 stitches to the inch in width (not stretched), measured over the plain knitting, must be obtained.

For abbreviations, see page 3.

RECIPE:—Using the No. 6 Needles, cast on 24 stitches.

1st row.—K. 1, increase once in the next stitch, knit plain to the last 3 stitches, increase once in the next stitch, K. 2.

2nd row.—Knit plain. Repeat the 1st and 2nd rows until there are 44 stitches on the needle.

Work 5 inches in plain knitting.

Leave these stitches on a stitch-holder and work another piece in the same manner.

Using the No. 6 Needles, with points at both ends, K. 28 on the first needle; taking a second needle, K. 16, and K. 14 from the stitch-holder on to the same needle; taking a third needle, K. 30.

Work 4 inches in rounds in rib of (K. 2, P. 2).

Proceed as follows:—K. 13, slip the next 18 stitches on to a stitch-holder, leaving these stitches for the

face opening, turn. Work 58 rows in plain knitting on the remaining stitches. Proceed as follows:—
1st row.—K. 46, slip 1, K. 1, p.s.s.o., turn.
2nd row.—K. 23, slip 1, K. 1, p.s.s.o., turn.
Repeat the 2nd row until all the stitches are worked on to one needle (24 stitches).
Break off the wool.
Commencing again on the 18 stitches which were left, K. 1, (P. 2, K. 2) four times, P. 1, knit up 15 stitches; taking a second needle, knit up 14 stitches along the edge of the plain knitted rows, (K. 2, P. 2) six times across the 24 stitches on the needle; with a third needle, knit up 29 stitches along the edge of the plain knitted rows (there should now be 100 stitches in the round).
Work 11 rounds in rib of (K. 2, P. 2). Cast off.
With a damp cloth and hot iron press carefully.

RIBBED HELMET (see Fig. B, page 19).

MATERIALS:—6 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Four No. 6 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—5 stitches to the inch in width (measured flat) must be obtained.
RECIPE:—Cast on 100 stitches, 36 on first needle and 32 on each of the second and third needles.
1st round.—* K. 2, P. 2, repeat from * to end of round. Repeat this round for twelve inches.
In the next round K. 2, cast off 22 stitches (this makes the opening for the face), work in pattern to end of round. Work backwards and forwards in rows on remaining 78 stitches as follows:—
1st row.—K. 1, P. 1, * K. 2, P. 2, repeat from * to the last 4 stitches, K. 2, P. 1, K. 1.
2nd row.—* K. 2, P. 2, repeat from * to the last 2 stitches, K. 2. Repeat the 1st and 2nd rows five times, casting on 22 stitches at the end of last row. Divide stitches on to three needles, as before.
Continue working in rounds in rib of (K. 2, P. 2) for four inches. Shape for the crown as follows:—
1st round.—* K. 18, K. 2 tog., repeat from * to the end of the round. **2nd and alternate rounds.**—Knit plain. **3rd round.**—* K. 17, K. 2 tog., repeat from * to the end of the round.
5th round.—* K. 16, K. 2 tog., repeat from * to end of round. Continue in this manner, decreasing in every alternate round until 25 stitches remain.
Break off the wool and run the end through the remaining stitches, draw up and fasten off securely.
With a damp cloth and hot iron press carefully.

SLEEPING CAP (see Fig. C, page 19).

MATERIALS:—2 ozs. PATONS SUPER Wheeling, 3-ply (or BEEHIVE, or CYCLE, DOUBLE KNITTING). Four No. 6 "BEEHIVE" Knitting Needles, with points at both ends, measured by the Beehive gauge.
TENSION:—5 stitches to the inch in width (not stretched) must be obtained.
RECIPE:—Cast on 100 stitches, 36 on first needle and 32 on each of the second and third needles.
1st round.—* K. 2, P. 2, repeat from * to the end of the round. Repeat this round seventeen times.
19th round.—Knit plain.
Repeat this round for four inches.
Shape for the crown as follows:—
1st round.—* K. 18, K. 2 tog., repeat from * to the end of the round.
2nd and alternate rounds.—Knit plain.
3rd round.—* K. 17, K. 2 tog., repeat from * to the end of the round.
5th round.—* K. 16, K. 2 tog., repeat from * to the end of the round. Continue decreasing in this manner, until 25 stitches remain.
Break off the wool and run the end through the remaining stitches, draw up and fasten off securely.
With a damp cloth and hot iron press carefully.
Turn back the brim.

SPORTS CAP (see Fig. D, page 19).

MATERIALS:—4 ozs. BEEHIVE, or CYCLE, DOUBLE KNITTING (or PATONS SUPER Wheeling, 3-ply). Two No. 7 "BEEHIVE" Knitting Needles (or "INOX," if Metal preferred), measured by the Beehive gauge.
TENSION:—5½ stitches to the inch in width (not stretched) must be obtained.
RECIPE:—Cast on 60 stitches.
****1st row.**—Knit plain. **2nd row.**—K. 44, turn.
3rd and alternate rows.—Knit plain.
4th row.—K. 46, turn. **6th row.**—K. 48, turn.
8th row.—K. 50, turn. **10th row.**—K.52, turn.
12th row.—K. 54, turn. **14th row.**—K.56, turn.
16th row.—K.58, turn. **18th row.**—Knit plain **.
Repeat from ** to ** three times.
In the next row K. 32, cast off 14 stitches, K. 14.
Work 47 rows in plain knitting on the last 14 stitches. Break off the wool.
Commencing again on the stitches which were left, join in the wool and proceed as follows:—
***1st row.**—K. 16, turn.
2nd and alternate rows.—Knit plain.
3rd row.—K. 18, turn. **5th row.**—K. 20, turn.

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